NOVEL LOCAL ABLATIVE THERAPY FOR HEPATIC AND PANCREATIC MALIGNANCIES

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TYPES OF ABLATIVE TECHNIQUES

Thermal

- Microwave Ablation (MWA)
- RFA: Radiofrequency Ablation
- Cryo-Ablation
- HIFU: High Intensity Focused Ultrasound

Non-Thermal

- Chemical Ablation
- Irreversible Electroporation (IRE)
- Approach: Intra-operatively, Laparoscopically, Percutaneously
 - Percutaneous Approach: General anaesthetic or heavy sedation & Analgesia
- Guidance: US/CEUS, CT or MR

RFA

AWM

IRE















IRE





- Rapid series of short, electrical pulses.
- High voltage but low energy (non-thermal).
- Nano-sized defects ("pores") created in cell membrane.
- Cell death occurs (mimics natural cell death).

IRE: CELLULAR VS NON-CELLULAR TISSUE

- All cells in electroporation zone are irreversibly "porated"
- Collagenous structures are not affected
- Intact adventitia & lamina visible at 2 days with no smooth muscle cells present
- Endothelium largely repopulates at 2 days
- Smooth muscle repopulated at 2 weeks



IRE - Procedure

- General Anaesthetic
- Paralysed & ventilated
- ECG Synchronisation
- CT/US Guided Targeting
- 2 Needles at 2cm -2.5cm active
- 90 x 2 pulses delivery
- Ethanol Block





CT SCAN ROOM FOR IRE





INDICATIONS FOR ABLATION

Metastases - CRC

- Adjunct to liver resection
- Those unsuitable for resection: < 3 4 cms</p>
 - inadequate surgical margins or liver reserve or co-existing morbidity
- Unsuitable for further chemotherapy: Cardio-toxicity, Neuropathy etc
- Neuro-endocrine Metastases slow growing tumours
- Breast, Melanoma or Renal Metastases: Oligometastases

Hepatocellular Carcinoma (HCC)

- Patients with limited HCCs not suitable for transplant/ resection: 30-40%
- BCLC Stage A 1-4
- Patients awaiting Liver Transplant or Liver Resection: Single <5 cm or x3 < 3cm (Milan criteria)
- Large HCCs: BCLC Stage B1 and B2 Combination techniques TACE/SIRT + MWA/RFA

IMAGING TASKS FOR ABLATION

- Staging:
 - Detection of "Occult" lesions
 - Characterisation
- Targeting
 - Occult lesions
 - Large lesions: multiple needle placements
- Peri-procedural monitor
 - Assessment of complete ablation
 - Assessment for potential complications
- Follow-up
 - Local Recurrence / New lesions

PROTOCOL FOR CONTRAST ENHANCED ULTRASOUND

- US Scanner
 - Non-Linear Imaging/Contrast mode
 - Low MI
 - Focal zone low down the screen
 - Adjust gain
 - Dual display with fundamental and contrast mode
- Small IV bolus 1.0 mL of SonoVue
- Systematic Sweeps over all phases
- Malignant lesions wash-out in portal and/or late phases
- Repeat 1.0 mL bolus injection if necessary

OCCULT METASTASES & EXTENT OF DISEASE



Baseline

CEUS: Occult lesions clearly visualised

CHARACTERISATION: MET VS ABLATION ZONE



DELINEATION



CEUS: Arterial Phase

Venous/ Late Phase

To determine appropriate ablation modality and ablation needle number/size

TARGETING RESIDUAL TUMOUR





Post TACE, Pre RFA Targeting

Post TACE, Post RFA

- Meta-analysis: TACE-RFA improves overall survival- better prognosis for patients with intermediate- and large-size HCC. (Ni et al, 2013)
- TACE+RFA: most effective strategy for early-stage HCC. (Lan et al, 2016)
- Indicated for BCLC-B (1 and 2) HCC (Hirooka et al, 2018)

MWA: Pre, Targeting, Ablation & Post





Post CEUS

RFA: PRE, TARGETING, ABLATING & POST





Pre CEUS







RFA

Post CEUS

WHY IRE IN LIVER? - SAFER

Indications

- Hilar or Subcapsular Lesions
- Bile duct, GB, GIT, & Vessels

Thompson et al, 2011 Narayanan et al, 2014 Scheffer et al 2014

Effectiveness

- Long-Term Survival: 5yr OS 49.2%
- Useful technique: outcome HCC > CLM

Mafeld et al, 2019

Schicho et al, 2019







CRC METASTASIS BY PORTAL VEIN



POST IRE ABLATION



Post IRE CEUS



Pre IRE CT: 28.4mm



Post IRE CT: 20.0mm

PRE-IRE OF METASTASIS



IRE ABLATION OF METASTASIS



POST IRE CEUS: 6 WEEKS





3D CE-US: RECURRENT METASTASIS



MONITORING OF RESPONSE:

RFA / MWA

Complete Coagulation

Volume larger Loss of enhancement Sharp margin

Residual Disease

Diameter unchanged Margin ill-defined Maintains enhancement in arterial phase and washout in portal and late phases IRE

Complete Coagulation

Smaller Volume-involution Loss of enhancement Ill-defined margin

Residual Disease

Diameter unchanged Margin ill-defined Enhancement in arterial phase and wash-out in portal and late phases

SURVEILLANCE POST ABLATION

- Colorectal Ca and HCC: CEUS at 4-6 weeks
- Colorectal Ca
 - CT scan: 3-4 months for the first year
 - CT scan 6 monthly for 2 years
 - CT yearly after
- HCC
 - MRI scan: 3-4 months

COMPLICATIONS



Sub-capsular Haematoma



Angio – Pre and Post embolisation



Active Haemorrhage



Post embolisation

LIVER METASTASES:

Resection vs Ablation

•	Resection is superior to Ablation	(Abdalla et al, 2004, Park et al, 2008)
•	RCT: MWA equally effective as Resection	(shibata et al, 2000)
•	2017 Meta-analysis from Dutch group: Data is still limited	(Meijerink et al, 2017)
•	Ablation is comparable to Resection	(Ashowo et al, 2003, Lee et al, 2008, Reuters et al 2009)
•	RFA is superior to Resection (<3cm): incremental cost-effective	ratio (ICER) of –
	£270K per QALY gained	(Loveman et al 2014)

Chemotherapy + RFA vs Chemotherapy

• EORTC-CLOCC randomised Trial: 119 CRC patients; <10 lesions & no EHD

 Chemotherapy + RFA
 Chemotherapy
 p

 OS median (m)
 45.6
 40.5
 0.01

 PFS median (m)
 16.8
 9.9
 0.025

 5-year OS (%)
 43.1
 30.3
 NS

• Limited study – RFA and RFA+PH included

(Ruers et al, 2017)

NATURAL HISTORY OF PANCREATIC CA

- Fourth leading cause of cancer-related death
- Incidence 96,000/y in EU:
 - 80,000/y deaths
- Incidence in UK: 8875/y
 - 8600/y Deaths
- Overall 5-year survival < 5%.
- 10 -15% Suitable for Resection
 - Resection Whipple: Median OS: <2 years;

33% morbidity & 5% mortality

- 30-35% Locally advanced disease
- 50-65% Disseminated disease

PANCREATIC CARCINOMA: RFA





Pre RFA CT

Pre RFA CT



PANCREATIC CA: POST RFA



MATERIALS & METHODS

111 Patients: Locally advanced Pancreatic Carcinoma N=75Liver Metastases N=363 months Chemotherapy: Pre & Post IRE

Follow-up: Clinical examination CT/MRI/PET at 2-3 months CEUS 4 weeks and 2-3 months

End-points:

Primary: Safety and Efficacy Secondary: Progression Free Survival: PFS Overall survival: OS From Day of IRE From Day of presentation

SELECTION CRITERIA:

INCLUSION

- Unresectable Pan Ca: <4cm (3.4+/-1.2) biopsy or FNA proven
- Able to tolerate any Standard First-line chemotherapy regime
 - (FOLFIRINOX- 37% Gemcitabine + Capecitabine- 33%, Gemcitabine + other- 29%)
- ECOG PS 0 or 1

EXCLUSION

- Recent Myocardial Infarction
- History of Epilepsy or Cardiac Arrhythmia
- Presence of Implanted Pacemaker
- Underlying Sepsis
- Widespread peritoneal or lung disease
- Duodenal or stomach invasion/Bleeding
- ECOG PS > 2
- Unable to give informed consent

Pancreatic Ca: US Guided IRE Bipolar Needle





Pancreatic Ca: US guided IRE Bipolar Needle

2 cm Tx Zone
 2,750 volts



Coronal





PRE IRE





IRE Needling



POST IRE





PRE IRE & POST IRE



Post IRE PET Negative at 1 year

BASELINE IRE OF PANCREATIC LIVER METASTASIS



Baseline US





Baseline CDUS

Vessels Involved



Baseline CEUS

IRE NEEDLE TARGETING OF METASTASIS



2 IRE Needles at 2cm separation in proximity to 2 main vessels

CT SCAN 9/12 POST IRE ABLATION



Significant Involution



PANCREATIC LIVER METASTASES ABLATION

PRE MWA ABLATION



POST CT-PET –VE AT 1 YEAR



IRE LOCAL RECURRENCE POST WHIPPLES



PARA-AORTIC NODAL METASTASIS



IRE Targeting 2nd Electrode

Post IRE CT

Post IRE CT-PET

PERITONEAL METASTASIS: INVOLUTION AT 4 WEEKS



Pre IRE CT

Post IRE CT

IRE OF ABDOMINAL WALL METASTASIS



RESULTS: OUTCOME OF IRE FOR LAPC

Criteria	Outcome
Overall local tumour response at 3-6 months - Partial response - Stable - Progressed	23 (31%) 50 (66%) 2 (3%)
 Over 2 Years: Recurrence Liver metastases Peritoneal metastases Laparotomy cutaneous scar metastases 	38% 25% 10% 3%
Median follow-up (months (range))	11.7 (3-45)
Survival from time of IRE (months (95%CI)): Median progression free survival Median overall survival	15 (13.7 – 16.3) 27 (21.1 – 32.8)

SURVIVAL OF ADVANCED & LOCALLY ADVANCED PANCREATIC CA



→ MPC
 <li

MPC: OS: 15m From Day of IRE OS: 19m From Diagnosis

LAPC: OS: 27m From Day of IRE OS: 31m From Diagnosis

Historical Data: From Diagnosis MPC: Gem Abraxane: Median OS: 6 m LAPC: Gemcitabine: Median OS: 7 - 11 m

CLINICAL STUDIES: IRE IN PANCREATIC CANCER

Authors	Ν	Stage/Size	Median OS (months)	Method	Complications
Veldhuisen et al, 2020	52	LAPC<4.5cm	17.2	Percutaneous	37%
Holland et al, 2019	152	LAPC < 5.5cm	30	Percutaneous	18% / 13%
Liu et al, 2019	54	LAPC (n: 28) MPC (n: 24)	LAPC: 20 MPC 14	Percutaneous	44% / 3%
Leen et al, 2018	75	LAPC < 5cm MPC (n: 36)	LAPC: 27 MPC: 15	Percutaneous	25% / 8%
Huang et al, 2018	70	LAPC < 5cm	22	Open	23% / 4%
Martin et al, 2015	200	LAPC	24.9	Open	36%
Kruger et al, 2015	50	LAPV <3cm	12	Open	46% / 20%

LAPC & MPC: IRE ALONE VS IRE + CHEMO

	Survival	IRE Alone	IRE + Chemo	
LAPC	PFS	13.9m	16.1m	<i>P</i> =0.04
	OS	16.2m	20.3m	<i>P</i> =0.04
		IRE Alone	IRE + Chemo	
MPC	PFS	9.45m	11.7m	<i>P</i> =0.04
	OS	11.6m	13.6m	<i>P</i> =0.04

LAPC: CHEMO-IRE VS CHEMO-RAD



	Chemo IRE	Chemo Rad	Ρ
PFS	7.7m	4.7m	P=0.045
OS	21.6m	10.6m	P= 0.011

HAEMATOMA POST IRE







PORTAL VENOUS THROMBOSIS POST IRE



Post IRE CDUS

Post IRE CT

Post IRE CEUS

SUMMARY: ABLATION WITH IRE

- Safe technique
- Locally effective

In combination with systemic treatment prolongs
 Overall Survival