

## PROCEDURE FOR BOOKING OF APPOINTMENT FOR COUNSELLING SESSION WITH THE UoM CLINICAL PSYCHOLOGIST

The University of Mauritius provides independent and one to one counselling sessions with a Clinical Psychologist to students as a first point of contact to express their concerns regarding professional, personal, financial, social and/or practical issues.

The procedure for booking of appointment with the UoM Clinical Psychologist is as follows:



1

Send an email on [app.psychologists@uom.ac.mu](mailto:app.psychologists@uom.ac.mu) to book your appointment and specify the date and time of the proposed visit.

The Clinical Psychologists are available as follows:

**From Monday to Friday from 9.00 to 16.00 / On Saturdays only from 9.00 to 12.00**

2

You will be informed of the availability of the Clinical Psychologists and the proposed date and time of your appointment.

3

You will be requested to confirm that you will attend on the proposed date and time and a confirmation email will be sent to you.

4

If you fail to attend the session on the confirmed date and time, the booking will not be rescheduled unless the UoM has been informed at least one day in advance.

5

Students should book appointment for follow-up sessions by sending an email on [app.psychologists@uom.ac.mu](mailto:app.psychologists@uom.ac.mu) and provide the reason why an additional session with the Psychologist is required.

6

Any referral by the Clinical Psychologist should be accompanied by an assessment report after the first session on the therapeutic needs of the student and the number of sessions required must be specified. The report should be addressed to the Registrar.

7

Students will have the opportunity to visit the Psychologist for a reasonable number of sessions, in principle not more than 3 sessions, following which the patient might be referred, where appropriate, for admission to hospital or psychiatric treatment in consultation with the University Management.